## **Counseling Services**

# SEXUAL ASSAULT AWARENESS MONTH

Sexual assault is classified as any sexual behavior or contact that occurs without explicit consent from the victim.



### **Affirmative Consent**

According to our Title IX policy, sexual contact must be consensual at all times, and sexual contact is considered consensual only after Affirmative Consent has been given. Affirmative Consent is a knowing, voluntary, and mutual decision among all participants to engage in the particular sexual activity at issue. Consent can be given by words or actions, but those words or actions must create clear permission regarding willingness to engage in the sexual activity at issue. Silence or lack of resistance, in and of itself, does not demonstrate consent. The definition of Affirmative Consent does not vary based upon a participant's gender.

## **Prevention Demands Equity**

"Equity refers to the equal right to the experience of health and wellness, including equitable access to services and resources, without any barriers or subpar care. It is achieved when disbalances in power, privilege, and social and economic inequality are leveled to make a more equal playing field".

-National Sexual Violence Resource Center

#### **GROUPS AFFECTED**

Minorities Women Individuals with Mental & Physical Disabilities

Those with limited English proficiency

#### **CREATING CHANGE**

- Advocacy on behalf of affected groups
- Systemic changes to give everyone need based support
- Address underlying factors that contribute to violence and safety
- Create spaces for healing and prevention efforts

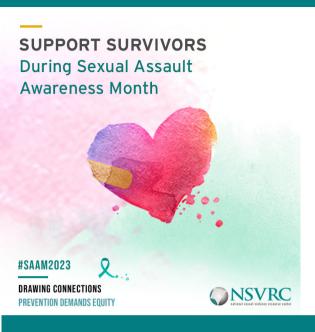
### **Boundaries**

Boundaries are considered the limits and rules we set for ourselves within relationships. Sexual boundaries refer to the emotional, intellectual, and physical aspects of sexuality. Healthy sexual boundaries involve mutual understanding and respect of limitations and desires between sexual partners. Sexual boundaries can be violated when someone criticizes, belittles, or invalidates another person's feelings.

Victims are never at fault.
Violating another person is a choice.



## **EVENT & RESOURCES**



### NATIONAL DAY OF ACTION TUESDAY APRIL 4TH

Join us in the Commons for National Day of Action! Wear **TEAL** to signal you're a safe space for survivors and pick up your prize at our booth.

There will be conversation, candy, games, and a raffle. Come out to show your support!

### **#30DAYSOFSAAM INSTAGRAM CHALLENGE**



### **RESOURCE HIGHTLIGHT**

## <u> Greenlight Family Services</u>



Offers 20 FREE sessions for all students who have experienced sexual assault while in college or graduate school.



### **ADDITIONAL RESOURCES**

National Sexual Violence Resource Center

Resources for survivors, friends, family, and advocates

**MBI Title IX Office** 

Smith 3 titleIX@moody.edu

<u>Chicago Rape Crisis</u> <u>Hotline</u>

> 1-888-293-2080 Operates 24/7

#### **RAINN**

Nations largest anti-sexual violence organization

