COUNSELING CORNER

WELCOME



Counseling Services exists to provide professional Christian counseling, consultation, and education promoting healing, wholeness, relational health, and spiritual maturity in the MBI community.



Our Licensed Counselors





Part-Time Counselor



Amy Baker, LCPC Part-Time Counselor



Outreach & Wellness Coordinator



Sarah Youssef, LPC Counselor

OUR SERVICES

Individual Counseling **Group Counseling**

Monthly Newsletters

Suicide Awareness & **Prevention Training**

Webinars & Workshops

Walk-In Wednesdays

EMAIL US: COUNSELINGSERVICES@MOODY.EDU To request an appointment!

> Smith Hall-3rd Floor Monday-Friday 8 a.m.-4 p.m. P: (312) 329-4194

Each year, Counseling Services hosts several graduate student counseling interns, who are supervised by our professional staff.

WHAT'S NEW?

Amyra is beginning as a counselor in Counseling Services after serving for 6 years as the Donor Research Coordinator at Moody and as a Therapist at Pneuma Therapeutic Services in Chicago. She received both her Bachelors and Masters from Moody and is trained in Eye Movement Desensitization and Reprocessing (EMDR). She has a person-centered approach to therapy and her areas of interests include trauma, PTSD and c-PTSD, grief, boundaries, and life transitions. She is very excited to join Counseling Services in caring for the undergraduate student body.



IN-PERSON SERVICES

We are now offering counseling services in person. Students and counselors are required to wear masks during sessions. If you prefer virtual counseling we are happy to accommodate you with sessions via Zoom!

DETAILS COMING SOON!

Details regarding start dates for group counseling and Walk-In Wednesdays will be released soon!